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# Laparoscopic Assisted Gastrostomy: A Case Report

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#### Authors' contributions

This work was carried out in collaboration among all authors. All authors read and approved the final manuscript.

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Case Report

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# **ABSTRACT**

**Introduction:** Percutaneous endoscopic gastrostomy (PEG), which was initially developed in 1980 by Gauderer and Ponsky for pediatric patients who were not consuming enough nutrition, has changed the way feeding tubes are placed by offering a dependable and safe alternative to laparotomy with a low rate of associated morbidity. PEG is now widely accepted.

**Case Presentation:** We hereby report a case of a patient having undergone a laparoscopic-assisted percutaneous gastrostomy (LAPG) in our institution that was successfully attempted in an adult with laryngeal cancer and total dysphagia.

**Discussion:** There are different techniques for gastrostomy tube placement: open gastrostomy, PEG, and radiologic procedure. The PEG is associated with a significant risk of bowel perforation.

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For those individuals in whom a PEG cannot be performed, LAPG assppears to be a promising alternative for preventing an open gastrostomy. This is particularly true for obese individuals, in whom a transillumination is not feasible. In addition to the laparoscopic procedure, it provides an endoscopic view of the stomach, potentially reducing serious consequences.s.

**Conclusion:** This laparoscopic gastrostomy procedure should be particularly useful in patients for whom the endoscopic passage is not possible due to stenosis of the neck or esophagus. This technique allows a safe direct visualization of the stomach and other adjacent organs.

Keywords: PEG; LAPG; gastrostomy; laparoscopic.

## 1. INTRODUCTION

Laparoscopic gastrostomy is a stoma equipped with a feeding tube placed in the stomach via a laparoscopic and percutaneous route [1-4].

This device enables medium- to long-term enteral feeding, and is widely indicated for patients suffering from dysphagia and when the gastric cavity is not accessible endoscopically or radiologically, or in cases of total or partial gastrectomy for jejunal nutritional access if the endoscopic route is not possible. [5,6-8]. The success rate is 100%.

The aim of this case is to highlight the interest and contribution of this technique as an alternative feeding route to the endoscopic and radiological routes in dysphagic patients.

#### 2. CASE PRESENTATION

We report the case of a 68-year-old man who was hospitalized in our department for laryngeal cancer and presented with total dysphagia, necessitating the placement of a feeding gastrostomy.

Clinical examination found a patient in poor general condition, hemodynamically and

respiratory stable, with no contraindications to anesthesia.

The patient was prepared for laparoscopic gastrostomy tube placement.

After general anesthesia, the patient is placed in the supine position with legs apart, and conditioned, followed by the creation of the pneumoperitoneum and placement of trocars under visual control. Then we located the gastrostomy point at the level of the greater curvature and we made two reference points with silicone braided thread, which will be used for gastropexy.

Then we carried out a percutaneous introduction of the intragastric tube, followed by the fixation of the gastrostomy orifice with 2 purse strings suture and we sutured the anterior wall of the gastric body to the abdominal wall (Fig. 1.) before the gas exsufflation and closure of trocar sites. (Fig. 2.)

The average operating time was 80 minutes, the postoperative course was uneventful, and feeding was started on the first postoperative day in all cases.





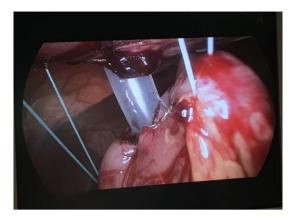


Fig. 1. Images showing a laparoscopic view of the laparoscopic gastrostomy with gastropexy using two straight needles



Fig. 2. Final result of the gastrostomy and the trocars positions

#### 3. DISCUSSION

In this case, we have used as technic the laparoscopic gastrostomy with laparoscopic gastropexy.

The sutureless 'pull method' for PEG has become a widespread endoscopic technique for transcutaneous gastric long-term nutrition.

"However, if the gastropexy was not successfully performed, early dislodgement of the PEG tube may lead to peritonitis, and blind reinsertion should not be attempted" [9]

"Furthermore, gastropexy can prevent gastric hemorrhage, inadvertent tube migration into the peritoneum, and leakage of gastric contents into the peritoneal cavity" [10].

"Thus, the tube placement along with laparoscopic gastropexy presented here should be a safe and feasible method for patients in whom the endoscopic passage is not feasible" [11].

Dormann et al. [12] reported that "long-term follow-up in patients with gastrostomy using this gastropexy kit revealed only 2.1% peristomal infection and without any serious complications". Bolder et al. [13] demonstrated that "technic providing enteral access for patients with pharyngoesophageal obstruction was not suitable for PEG placement".

"This minimally invasive gastrostomy procedure, although it does require general anesthesia, should prove to be especially useful in patients in whom endoscopic

passage is not possible due to a neck obstruction or esophageal stenosis, or who are suspected of having organs overlying the stomach due to obesity or previous upper abdominal surgery" [11].

#### 4. CONCLUSION

There are several techniques for inserting a gastrostomy. At present, the endoscopic technique is the most widely used.

Patients whose stenosis in the laryngopharyngeal carrefour prevents endoscopic passage should be specifically considered for this laparoscopic gastrostomy operation.

### **CONSENT**

Written informed consent was obtained from the patient for publication of this case report and any accompanying images.

#### **ETHICAL APPROVAL**

As per international standards or university standards written ethical approval has been collected and preserved by the author(s).

## **DISCLAIMER (ARTIFICIAL INTELLIGENCE)**

Author(s) hereby declare that NO generative Al technologies such as Large Language Models (ChatGPT, COPILOT, etc) and text-to-image generators have been used during writing or editing of manuscripts.

## **COMPETING INTERESTS**

Authors have declared that no competing interests exist.

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