

Journal of Pharmaceutical Research International

33(60B): 1833-1839, 2021; Article no.JPRI.81016 ISSN: 2456-9119 (Past name: British Journal of Pharmaceutical Research, Past ISSN: 2231-2919, NLM ID: 101631759)

Accuracy in the Dimension of Extracted Tooth with Intraoral Periapical Radiograph: A Comparative Study

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Authors' contributions

This work was carried out in collaboration between both authors. Both authors read and approved the final manuscript.

Article Information

DOI: 10.9734/JPRI/2021/v33i60B34814

Open Peer Review History:

This journal follows the Advanced Open Peer Review policy. Identity of the Reviewers, Editor(s) and additional Reviewers, peer review comments, different versions of the manuscript, comments of the editors, etc are available here: https://www.sdiarticle5.com/review-history/81016

Original Research Article

Received 18 October 2021 Accepted 22 December 2021 Published 24 December 2021

ABSTRACT

Introduction: Because of its simplicity, cheaper cost, lower radiation exposure, and easy availability in a dental clinical setting, intraoral periapical radiographs (IOPAR) are frequently utilised for preoperative planning and evaluation for most minor oral surgical procedures.
Aim: The Aim of this study is to Assess the Accuracy and Reliability of Intraoral Periapical Radiograph with the extracted teeth.
Methodology: The study is comprised of 54 patients. For each extracted tooth, the actual measurements for tooth length will be measured with a Vernier caliper with a least count of 0.01mm. After obtaining the actual length of the tooth with the Vernier Caliper, the Length of the tooth will be measured from the Intraoral Periapical Radiograph using a Vernier caliper.
Results: By comparing the length of the actual tooth with that of an IOPAR, it was found out that the difference that was obtained is statistically significant.
Conclusion: There is significant overestimation in the dimension of the tooth.

Keywords: Intraoral periapical radiograph; reliability of IOPA; dimension of tooth; extraction of tooth; paralleling technique.

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1. INTRODUCTION

The ability to recognize tooth lenath measurement is critical in dentistry, particularly in Oral and Maxillofacial surgery and Endodontics. Modern diagnostic imaging techniques are many, but pricing, availability, and radiation exposure remain issues. Because of their simplicity, low cost, low radiation dose, and availability in a setting, intraoral clinical dental periapical radiographs are frequently utilized for preoperative planning and evaluation for most minor oral surgical procedures [1].

According to Mah and Hatcher, if the goal is to increase the quality, efficiency, and accessibility of craniofacial treatment, accurate and effective imaging techniques are critical. The clinical gold standard for determining tooth length is a periapical radiograph utilizing the paralleling technique [2]. The accuracy of radiographic data as a predictor of true bone loss is a point of contention. Using an intraoral paralleling technique with alignment systems, periapical radiographs and bitewings can be used to get more exact recordings of crest bone in respect to the tooth root and changes in bone density [3]. The quality and accuracy of a radiograph determine its value in dental practice. The degree of precision varies depending on the radiography projection. Radiographs taken for dental measurements must be more precise than those taken for diagnostic purposes. The ability to determine tooth length from a radiograph is very useful in extraction instances and localization procedures [4].

The main drawback of intraoral radiography technique is the overlapping of anatomic structures and the lack of three dimensional information. This hinders the differentiation of the buccal and the lingual cortical plates and hence complicates the evaluation of bony defects [5]. The emergence of CT scans alleviated the lack of three-dimensional information about the dentition, but the increased radiation exposure and high expense were the main drawbacks [6]. The teeth, maxillofacial skeletal region, and relationships among anatomical elements can all be evaluated in three dimensions using CBCT [7]. Periapical radiographs are the most common radiographic examinations nowadays, although they have several limitations, such as 3D anatomical modification, geometric compression, and the possibility of anatomical structures overlapping, which might conceal the area of interest. Apart from CBCT, there are new modalities of imaging techniques that help obtain an accurate three dimensional representation of the face. The Total face approach 3D cephalometric analysis is one such method that introduced in 2021. The was TFA 3D cephalometry provides for the evaluation of certain bones not only individually but also in relation to others. The 3D perspective enables the detection of a disharmonious relationship when viewed from the vertical dimension, with special emphasis paid to total verticality or sagitality [8].

2. MATERIALS AND METHODS

The study is being carried out in the Department of Oral and Maxillofacial Surgery of Yenepoya Dental College, Mangalore. The study is being conducted on patients who have a tooth/teeth that is indicated for extraction. The sample size for the study is 54.

2.1 Inclusion Criteria

Patients between the age group of 18 to 60 years.

Patients willing to participate in the study.

Anterior and posterior tooth/teeth are included in the study

Patients with tooth/teeth that is indicated for extraction with Intraoral Periapical Radiograph. Indications include:

- 1. Periodontally compromised tooth
- 2. Orthodontic extraction

Population of Karnataka and Kerala.

2.2 Exclusion Criteria

Grossly decayed tooth.

Root Stumps.

2.3 Procedure

An Intraoral Periapical radiograph of the tooth that is indicated for extraction is taken using a RINN XCP film holder by means of the Paralleling technique (Fig. 1).

After Extraction of the indicated tooth, it will be cleaned of any adherent soft tissue, bone. These

teeth will be placed in a container with 5% sodium hypochlorite solution. The cleaned tooth will be collected and stored. The tooth length from the Incisal/Occlusal edge till the root tip is measured with a Vernier caliper with a least count of 0.01 mm (Fig. 2).

The following landmarks will be used to make the measurements:

Root apex: is the most apical portion of the root

Cusp tip: It is the most occlusal point of cusp.

Incisal Edge: The cutting edge of an anterior tooth.

Total tooth length will be measured from the Root Apex to cusp tip/Incisal Edge.

After obtaining the actual length of the tooth with the Vernier Caliper, the Length of the tooth is measured in the Intraoral Periapical Radiograph using a Vernier caliper with a least count of 0.01mm (Fig. 3).

The Intraoral periapical radiograph will be taken using a RINN XCP film holder and the technique used is Paralleling technique. The obtained measurements will be recorded in millimeters.

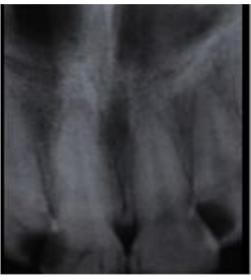


Fig. 1. The IOPAR of left Central Incisor (21)



Fig. 2. Measurement of the extracted 22 using a Verner calliper

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Fig. 3. Measuring the length of 22 from the IOPAR using a Verner caliper

3. RESULTS AND DISCUSSION

Independent t test was done for inter group comparison (Table 1) for 54 patients and the mean value obtained for length of the extracted tooth is 19.85 with a standard deviation of 3.10 and the mean value obtained for the IOPAR group is 20.77 with a standard deviation of 2.95. The P value obtained is 0.191 and is not statistically significant.

In the Accuracy and reliability statistics (Table 2), the Cronbach's alpha value obtained was 0.992 and the intra class correlation coefficient is 0.985 with a *P* value of less than 0.001, hence the value obtained is statistically significant.

In dentistry, a radiographic examination is an important aspect of the diagnostic process, and tooth length is also known to play a vital role in many fields. The orthodontic treatment effects of root resorption, development, and anchoring can all be evaluated using radiographic tooth length. In terms of endodontics, it aids in determining the working length.In prosthetics it helps in making better judgment about the selection of abutment, in periodontics it helps in comparing tooth length or root length and alveolar crestal levels and in Oral and maxillofacial surgery for determining the length of the root or sinus approximation of roots. There are several methods for evaluating tooth length, but the most common approach for determining root canal length is usina radiographs, primarily intraoral periapical radiography [1].

Bihan H et al in 2015 conducted a study that compared the precision of several radio diagnostic methods used in dentistry for measurement of peri implant bone. The author compared periapical radiographs obtained with the parallel as well as the bisecting angle technique, digital and conventional panoramic radiographs and concluded that the most precise peri implant bone measurements can be obtained from periapical radiographs by using the parallel technique [9].

The intraoral periapical radiograph technique with paralleling technique has certain limitation such as small horizontal and vertical angulation of the x ray beam with the film, less defined interproximal area of the tooth, inability to assess the bone defects. These limitations should be avoided to reduce evaluation and diagnostic errors inherent in all periapical radiographs [3]. There are studies done by Van Vorde & Bjorndahl 1969, Forsberg 1987, Gound et al. 1994 in which the use of the paralleling technique has been compared with the bisecting angle technique. Each of these studies, however, has confirmed the superiority of the paralleling technique.

The study by Vandenberghe B et al., showed that although CBCT image measurements of periodontal bone levels were comparable to those by digital intraoral radiography, both techniques under and overestimated actual linear measurements [10]. Adarsh K et al. [1] in 2018 conducted a study to evaluate the accuracy and reliability of tooth length measurements using cone- beam conventional and computed tomography (CBCT) imaging techniques and reported that the tooth, root, and crown lengths was found to be significantly different when measured with the Vernier caliper and on CBCT, OPG, and Intraoral periapical radiograph. The Intraoral periapical radiograph overestimated tooth length by an average of 0.8 mm and root length by 0.5 mm. OPG underestimated tooth length by about 0.8 mm and root length by 0.6 mm.

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Table 1. Intergroup Comparison using independent t Test

54	19.85	3.10	0.191
54	20.77	2.95	
		54 20.77	54 20.77 2.95

Table 2. Accuracy and reliability statistics

	Cronbach's Alpha Value	Intra-class Correlation Coefficient	<i>P</i> -value
Length of Extracted Tooth Length in IOPAR	0.992	0.985	< 0.001 [*]

P-value based on Two-way-mixed effects model using Intra-class Correlation Coefficient Reliability Statistics

* = Statistically Significant (P < 0.05)

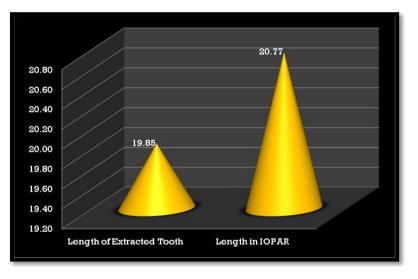


Fig. 4. Mean length of tooth after extraction and in IOPAR

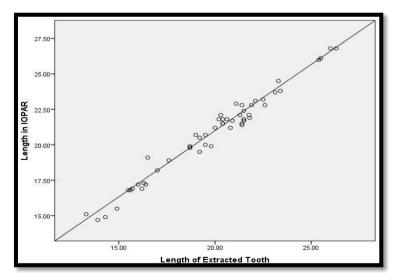


Fig. 5. Accuracy and Reliability Graph (Scatter Plot)

In a study conducted by MS Nabeel Althaf et al in 2019. the author compared the linear measurements of periodontal defects using CBCT to clinical probing, Intraoral radiographs and open bone measurements and it was concluded that CBCT allowed more accurate assessment of horizontal, angular bony defects and furcation involvements than IOPA and clinical probing and it was also mentioned that since IOPA couldn't identify the buccal and lingual cortical plates, it cannot be used as a reliable tool for measuring bone loss in the midbuccal, midlingual/midpalatal areas [6].

Direct radiography, in comparison to CBCT, is a 2D imaging technique that cannot detect 3D skeletal abnormalities. Direct radiography have a hard time detecting and interpreting maxillary trifurcations. CBCT has been found to have a radiation exposure 15 times lower than traditional radiography, just 4-15 times that of a standard panoramic image [5]. Bevond accuracy. radiographic repeatability is crucial because it allows for the replication of the targeted region over a short period of time and comparison of those repeated exams, which is extremely useful and when assessing treating osseous abnormalities in a clinical setting [3].

In the current study, it was noted that there was a significant difference in the length of the tooth when measured in an IOPAR and measurement of the tooth after extraction.

4. CONCLUSION

The tooth length when measured after extraction is significantly different from when it is measured in an intraoral periapical radiograph. IOPA overestimated tooth length by an average of 0.9 mm.

Instead of heading towards higher conventional radiographs (RVG) and CBCT Imaging techniques for identification of length of a fractured tooth segment or a fractured implant, Intraoral periapical radiographs can be used.

CONSENT

It is not applicable.

ETHICAL APPROVAL

Ethical Clearance obtained from Yenepoya Ethics Committee, DCGI REGISTRATION NO.:ECR/1337/INST/KA/2020. Protocol number is YEC2/703.

COMPETING INTERESTS

Authors have declared that no competing interests exist.

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> Peer-review history: The peer review history for this paper can be accessed here: https://www.sdiarticle5.com/review-history/81016